# "Forget Not"

#### Psalm 103

- We address a Psalm of David today
- One that urges us not to forget
- Not to forget that which God has done for us
- How He has acted toward us
- Instead, seeing clearly what He has done
- And who He is
- We are to bless Him
- That is to kneel before Him, to adore Him, to salute Him, to praise Him
- Psalm 103, "Forget Not" today
- To forget is common to man
- We are a forgetful people
- Thankfully, God has provided reminders in His word
- This Psalm is a good place to start...

#### Psalm 103:1-2

- 1 Bless the LORD, O my soul: and all that is within me, bless his holy name.
- 2 Bless the LORD, O my soul, and forget not all his benefits:
  - David seeks (as we should) to bless the Lord with all that is in him
  - To bless is to kneel before, to adore, to salute, to praise
  - He seeks to do this because of the "benefits" God has provided
  - The way in which he has treated David, His acts toward David, that which He has given David
  - David lists the acts of God in his life and they fit our lives too
  - He begins with forgiveness...

## Psalm 103:3-5

- 3 Who forgiveth all thine iniquities; who healeth all thy diseases;
- 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;
- 5 Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.
  - It is fitting that our reminders begin here
  - With forgiven sin
  - With healing
  - With redemption
  - Lovingkindness and mercy
  - For any believer in Christ, this is a wonderful reality

- We are relieved of the burden of sin
- It has been lifted because of what Christ has done
- And though destruction was our certain fate, He has rescued us redeemed us
- It was because of His almighty love and tender mercy
- Now that this is true, we are satisfied with good
- And have been renewed
- Let us not forget
- But there is much more...

#### Psalm 103:6-8

- 6 The LORD executeth righteousness and judgment for all that are oppressed.
- 7 He made known his ways unto Moses, his acts unto the children of Israel.
- 8 The LORD is merciful and gracious, slow to anger, and plenteous in mercy.
  - All the oppressed have hope in Christ
  - Because all He does is right and just
  - Just as He showed this before to Moses and the children of Israel
  - He is showing us today His mercy and grace
  - Far from the caricature of the world, He is slow to anger
  - He withholds punishment we deserve because of His abundant mercy
  - None of this should ever be forgotten
  - The Psalm goes on...

#### Psalm 103:9-12

- 9 He will not always chide: neither will he keep his anger for ever.
- 10 He hath not dealt with us after our sins; nor rewarded us according to our iniquities.
- 11 For as the heaven is high above the earth, so great is his mercy toward them that fear him.
- 12 As far as the east is from the west, so far hath he removed our transgressions from us.
  - We should have been dealt with in one way, but for Christ's sake, God has dealt with us in another way
  - Not according to our sins, but according to Christ's righteousness
  - While our list of iniquities was long, it has been wiped clean because of Jesus
  - Our sins are now as far away as possible
  - Never returning to haunt us
  - In verse 13...

# Psalm 103:13-17

13 Like as a father pitieth his children, so the LORD pitieth them that fear him.

- 14 For he knoweth our frame; he remembereth that we are dust.
- 15 As for man, his days are as grass: as a flower of the field, so he flourisheth.
- 16 For the wind passeth over it, and it is gone; and the place thereof shall know it no more.
- 17 But the mercy of the LORD is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children;
  - To pity means to love, to love deeply, to have tender affection for
  - This is the way in which God acts toward His children
  - All those that fear Him experience this pity
  - He knows who we are
  - What we are
  - What we are made of
  - And loves us despite this
  - No doubt, our lives are short here today and gone tomorrow
  - But His love lasts forever
  - It is from everlasting to everlasting
  - His mercy deserved wrath withheld is eternal
  - It means eternal life for His disciples
  - And not just eternal life, but eternal life with Him
  - The One who loves us far beyond any other's love
  - Who has treated us with lovingkindness beyond any other kindness
  - Eternity with Him
  - It is a wonderful privilege for us who know Him to pass His mercies on
  - To teach our children and grandchildren about Him
  - To urge them not to forget
  - For remembering is important...

## Psalm 103:18-22

- 18 To such as keep his covenant, and to those that remember his commandments to do them.
- 19 The LORD hath prepared his throne in the heavens; and his kingdom ruleth over all.
- 20 Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word.
- 21 Bless ye the LORD, all ye his hosts; ye ministers of his, that do his pleasure.
- 22 Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul.
  - God will not forget His promises
  - He cannot lie
  - He is ever-just, ever-true, ever-faithful
  - His children know it
  - An their children after them will know it too
  - Providing they fear Him (know Him) and keep His commandments
  - He deserves the praise of all created beings

- All earth and all the heavenly host
- Every voice must ring out in praise to Him
- For all His benefits

Christopher Harper, **Take Note** 2020